

This Week

Westworth Kids

Will listen to the story of
Manna, Quail and Water

Exodus 16:1-18; 17:1-7

Manna, Quail, and Water

God gives us what we need

Exodus 16:1-18; 17:1-7



READ IT

This week's Bible story is

Manna, Quail, and Water

from Exodus 16:1-18; 17:1-7.

God gives us everything we need.

Ask each other what you remember about:

- Manna
- Quail
- Water
- Complaining
- Israelites
- Moses

The Israelites wandered around in the wilderness for 40 years learning what it was to be dependent on God for everything. They complained much of that time!

Read the whole story together in the Bible!

Spark Story Bible pages 90-93

Spark Bible pages 77-79

Family Prayer

We give you thanks, O God, for all that you give us. Help us to be satisfied and grateful.
AMEN.

TALK ABOUT IT



Family Conversations

- 1 What else does God give us besides food and water?
- 2 What do you think God hoped the Israelites would learn as they wandered in the wilderness?
- 3 How can our family work to give food and water to people who need it?
- 4 How is sharing what we have with others—both near and far away—a part of God providing for us?



Eye Spark

When you see or drink water, thank God, who gives us the water we need.



Ear Spark

If you hear somebody complaining, tell them, "God gives us everything we need."

LIVE IT

For families to do together

Get a really big piece of paper and make a list of all that God provides for you and your family. Hang it on a door or someplace where you will regularly see it. Keep adding to it as you think of more ideas or receive something new that God provides.

For younger kids

Help God provide for those who don't have enough to eat—make a donation to your local foodshelf.

For older kids

Using the internet or library, find out how much water we have on this earth in our oceans, rivers, lakes, and ponds. What is it all used for? How much do you use?



Classroom, Manna, Quail, and Water Family Page. Spark™ Sunday School © 2009 Augsburg Fortress. All rights reserved. May be reproduced for local use provided every copy carries this notice.

Manna, Quail, and Water



Exodus 16:1-18, 17:1-7

Name _____

God gives us what we need.

Hey, Moses!

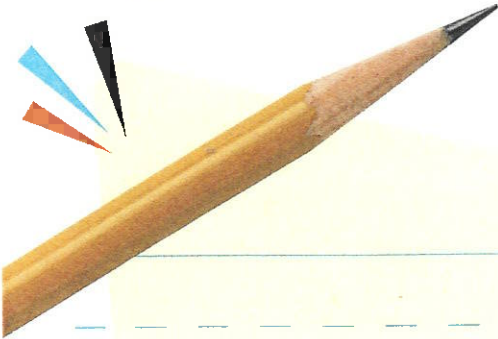
The people didn't know God heard them complaining.



Today's Bible story, **Manna, Quail, and Water**, is from the book of **Exodus**. Exodus is in the **Old** Testament. Exodus means "depart." In this book, the Israelites depart from **Egypt**.

Food Fun

Here's a silly song or poem about one of my favorite foods:



A large area of yellow paper with horizontal blue lines for writing. Each line set consists of a solid top line, a dashed middle line, and a solid bottom line, providing a guide for letter height and placement.



TRY IT!

Searching for Food



Find these words from the Bible story.

MANNA

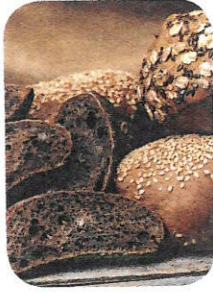
QUAIL

WATER

DEW

HUNGRY

THIRSTY



A	Z	E	W	F	G	C	D	E	W
B	C	M	A	N	N	A	H	I	T
U	T	S	T	Q	R	R	Q	J	H
A	B	R	E	A	D	R	U	K	I
P	M	V	R	P	P	O	A	M	R
P	I	Z	Z	A	I	T	I	N	S
L	L	W	X	Y	E	O	L	L	T
E	K	A	Z	H	U	N	G	R	Y

How many other "food" words can you find?

BREAD

MILK

CARROT

APPLE

PIE

PIZZA

**Faith
on the Go!**

Today's Bible story, **Manna, Quail, and** ,

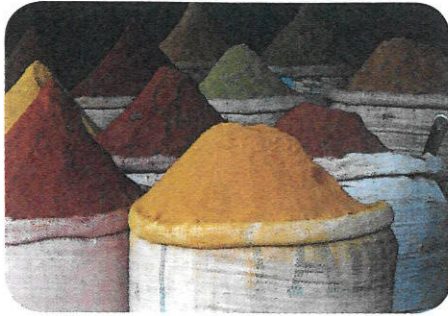
is from the book of **Exodus**. Exodus is in the

Testament. Exodus means "depart." In this book, the Israelites

depart from .

IT'S REAL

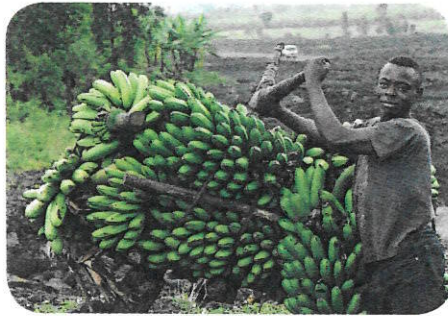
Around-the-World Food



People all over the world eat food. Some foods are different from ours, some are the same.



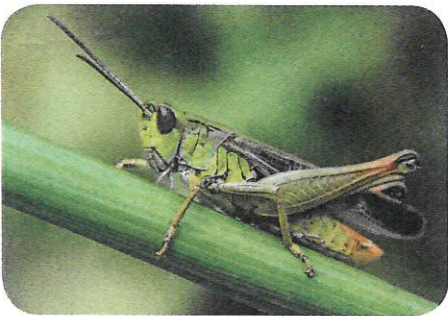
In Japan, many people eat sushi, which includes raw fish, but it also has rice and vegetables.



Some people in Mexico eat grasshoppers, and many also eat maize, which is a little like corn.



In India, people flavor their food with curry, an orange-colored spice. They also use pepper and mustard.



People in Africa sometimes eat crocodile, but they also eat apples and bananas.

God gives people all over the world the foods we need.

God gives us what we need.

To: _____ From: _____ Date: _____

I want to:

___ Tell you about manna and quail

___ Help you make dinner

___ Draw you a picture of my favorite food

___ Bring groceries to a food shelf

___ Pretend to have a picnic with you

___ Not complain about anything all day

___ Invite you to church

___ Give you a big hug

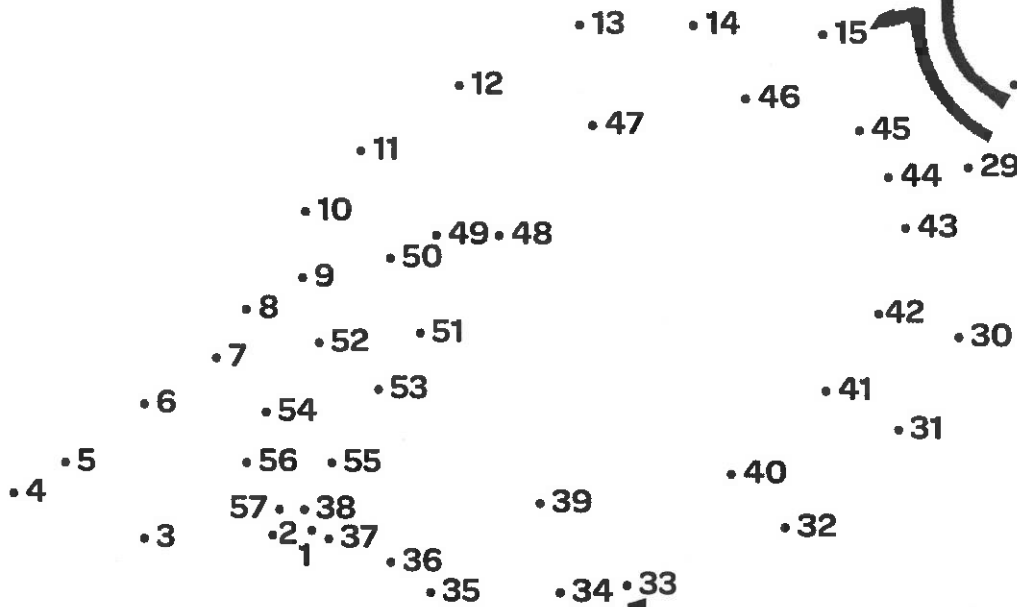
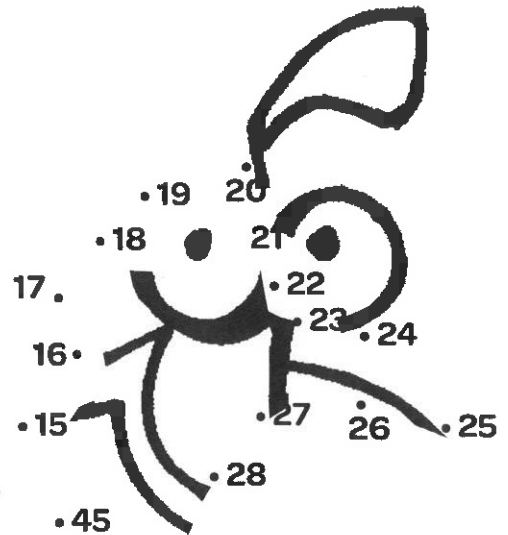
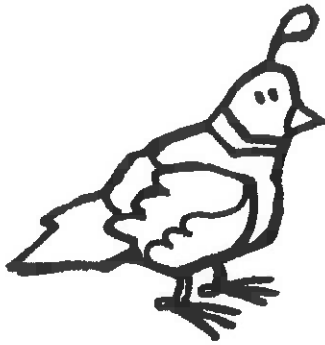
___ Say "I'm sorry"

___ Pray for you

___ My own idea: _____

Food from God

Connect the dots to find out what God sent to the Israelites for food.

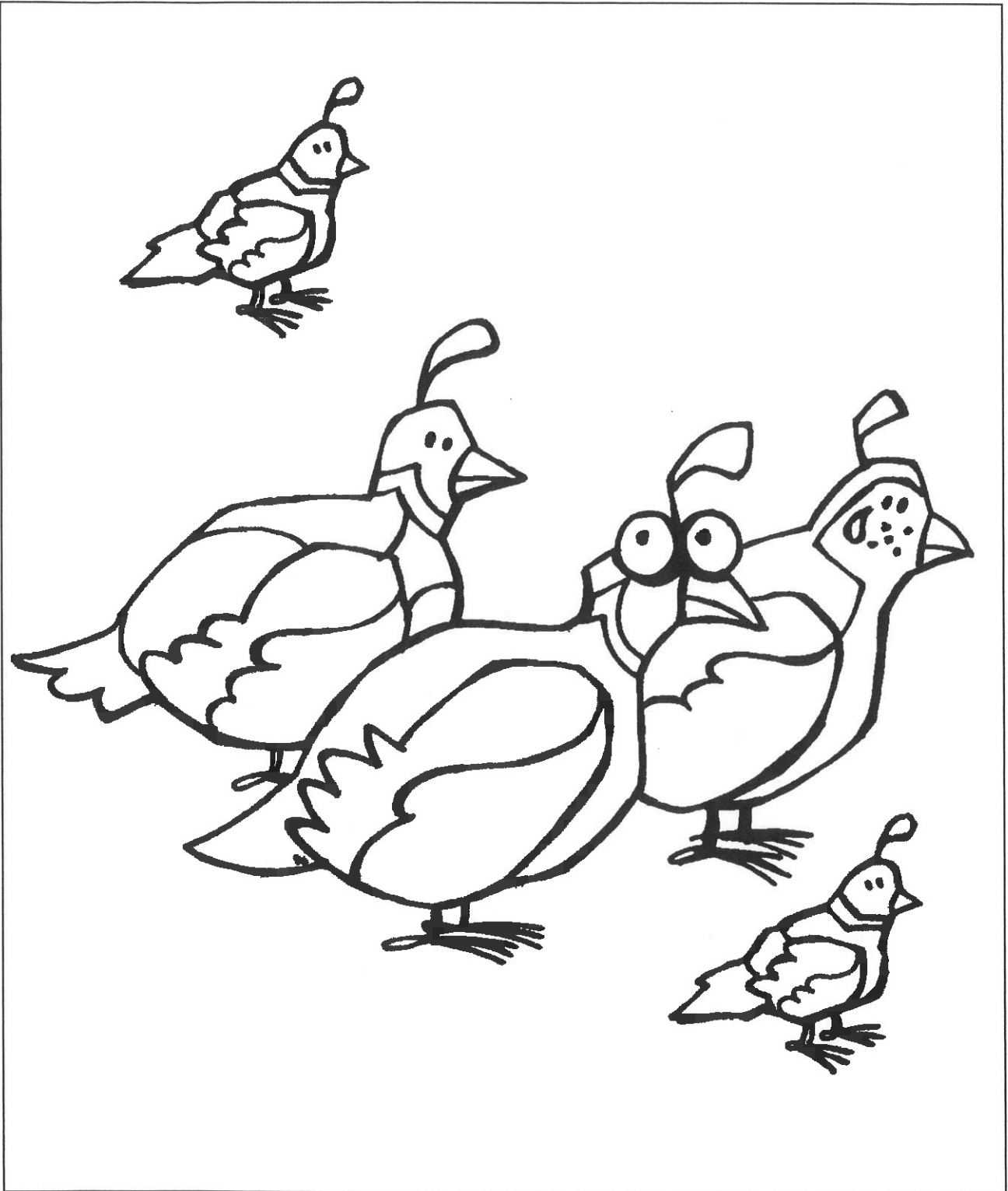


Manna, Quail, and Water



They complained to Moses.

Manna, Quail, and Water



Tiny birds, called quails, appeared everywhere!

Manna, Quail, and Water



Exodus 16:1-18
Exodus 17:1-7

God gives us **what** we need.



I wonder...

- Why the Israelites complained so much.
- How Moses felt when God sent food and water.
- How much food and water I really need.



Enough for Everyone

"Mom, I'm hungry!" wailed Alexi.

"Me too!" whined Tyler.

Mom sighed. *Ahhh! Why do they complain all the time? Nothing's ever good enough.* She slumped down to sit on a fallen tree beside the trail. She dropped her pack beside her.

"We've got food and water right here," she said, reaching into the daypack. "You get the food out. I'll put the water bottles on this big rock."

"Mom, Tyler's hogging the trail mix!"

"Tyler," Mom said, "there's enough for everyone. Just grab some and pass it to your sister."

"I'm starving!" Tyler said. He started to dump a fistful of gorp in his mouth, but Mom stopped him.

"We pray first, remember?" Mom said.

"Pray? Now? Out here?" Tyler asked. "Why?"

"Because God gives us everything we need, and we are thankful for this snack and fresh water."

"Okay, but I vote Alexi the designated prayer."

"Hey!" Alexi said. "What?"



Israelite Poll

The Israelites are traveling away from Egypt.

Pair with a partner.

Take turns pretending to be an Israelite and a pollster.

Check off the answer you give for each poll question.

What are your results?

Israelite Poll

Agree	Disagree	
<input type="checkbox"/>	<input type="checkbox"/>	Life in the desert is better than living in Egypt.
<input type="checkbox"/>	<input type="checkbox"/>	I am hungry.
<input type="checkbox"/>	<input type="checkbox"/>	I am never thirsty.
<input type="checkbox"/>	<input type="checkbox"/>	God makes sure I have enough food to eat.
<input type="checkbox"/>	<input type="checkbox"/>	God makes sure I have fresh water to drink.
<input type="checkbox"/>	<input type="checkbox"/>	I only gather enough food for what I need.
<input type="checkbox"/>	<input type="checkbox"/>	Moses is a good leader.
<input type="checkbox"/>	<input type="checkbox"/>	God listens when we ask for what we need.



Look It Up!

How do you think manna looked and tasted? Look up some descriptions in **Exodus 16:31**, **Numbers 11:7**, and **Psalms 78:23-25**.



Memory Verse

This is what the LORD has commanded: "Gather as much of it as each of you needs."
Exodus 16:16a

Fun Facts

An **omer measure** is about a half gallon (1.8 l).

A **quail** is a mid-size bird in the pheasant family.

Fleshpots were the boilers that contained the meat for dinner.





































One-third of the world's population lives with water shortages.

Fourteen out of every 100 people in the world don't get enough food.

An **ombudsman** is a person whose job is to listen to people's complaints.

Desert Journey Sudoku

Cut out the picture squares found below the puzzle. Arrange the picture squares on the blank squares to solve this picture sudoku. Once you have solved the puzzle, glue the pictures on the correct puzzle space.

**Faith
on the Go!**

Listen to a musical lament. How does it make you feel?

Collect non-perishable food to share with others in need.

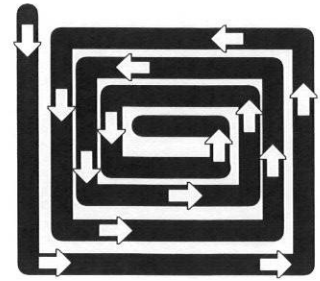
Where do quail live? What fowl live in your part of the country?

Go on a long walk or hike with a friend. How much water and food do you need to bring along?

Look in your refrigerator and kitchen cupboard. Thank God for providing food for your family.

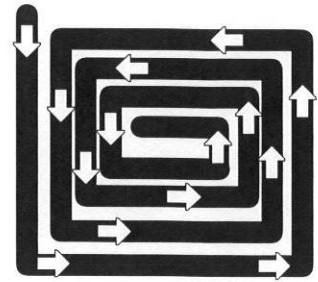
Word Wrap-around

Start at the top left corner. Follow the letters down and around, writing the words in order on the lines below to discover a verse from Exodus. Include the punctuation that appears in the grid.



T R G N O C E L O H W E
H E R A E N W A R D ' H
E G T Y D R A E H S , T
N A O O ' . G N I A S O
M T T U " 9 : 6 N H E T
O I H R E X . I I E T Y
S O E C O M P L A H I A
E N L O R D , F O R L S
S O F T H E I S R A E "
S A I D T O A A R O N ,

Word Wrap-around Solution



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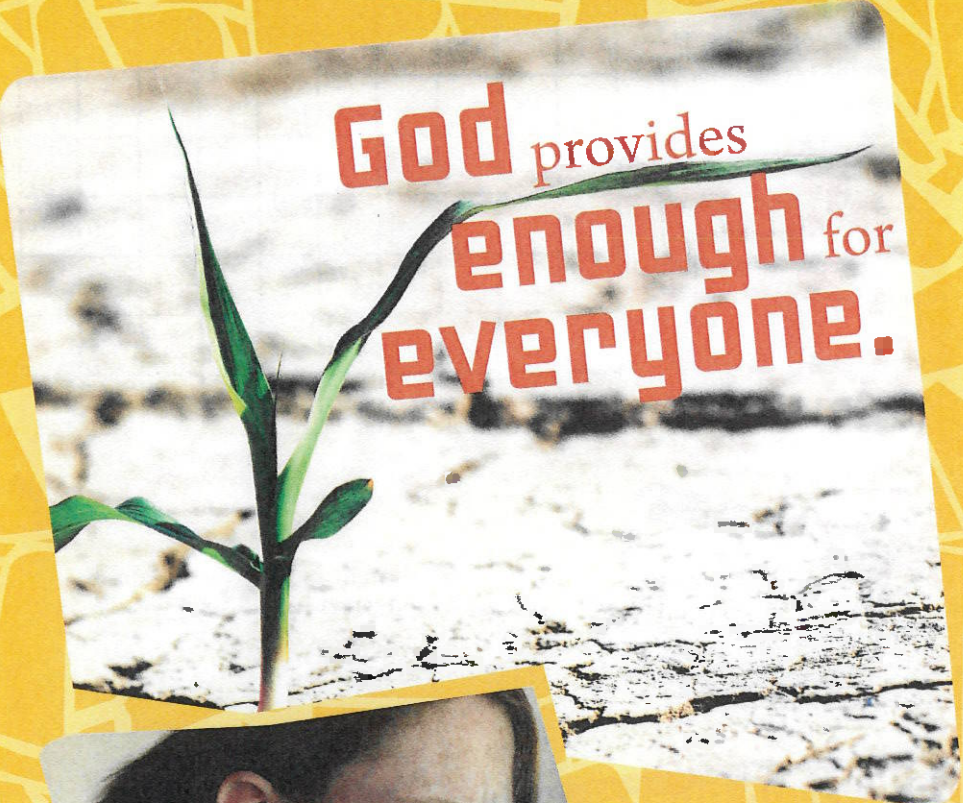
T R G N O C E L O H W E
H E R A E N W A R D ' H
E G T Y D R A E H S , T
N A O O ' . G N I A S O
M T T U " 9 : 6 N H E T
O I H R E X . I I E T Y
S O E C O M P L A H I A
E N L O R D , F O R L S
S O F T H E I S R A E "
S A I D T O A A R O N ,

Then Moses said to Aaron, " Say to the whole
congregation of the Israelites, 'Draw near to
the Lord, for He has heard your complaining.' "
Ex. 16:9"

Manna, Quail, and Water



Exodus 16:1-18, 17:1-7



God provides
enough for
everyone.



What do you
complain about?

Grades 5-6, Classroom, Manna, Quail, and Water Leaflet. Spark: Activate Faith © 2009 sparkhouse. All rights reserved. May not be reproduced.

Food Cluster

Have you ever made a word cluster? It looks like a crossword puzzle without the clues. You can write horizontal or vertical words with different colors and different styles of lettering. Make a word cluster that names all your favorite foods. Be sure to figure out which words have the same letters so you know where they can intersect.

Did You Know?



There is enough food in the world for everyone to eat 3,000 calories each day. Yet 24,000 people die every day from hunger or hunger-related causes.

Survivor Questions

How long do you think you could survive without food or water? Which do you think is more important? Why?





Look It Up!

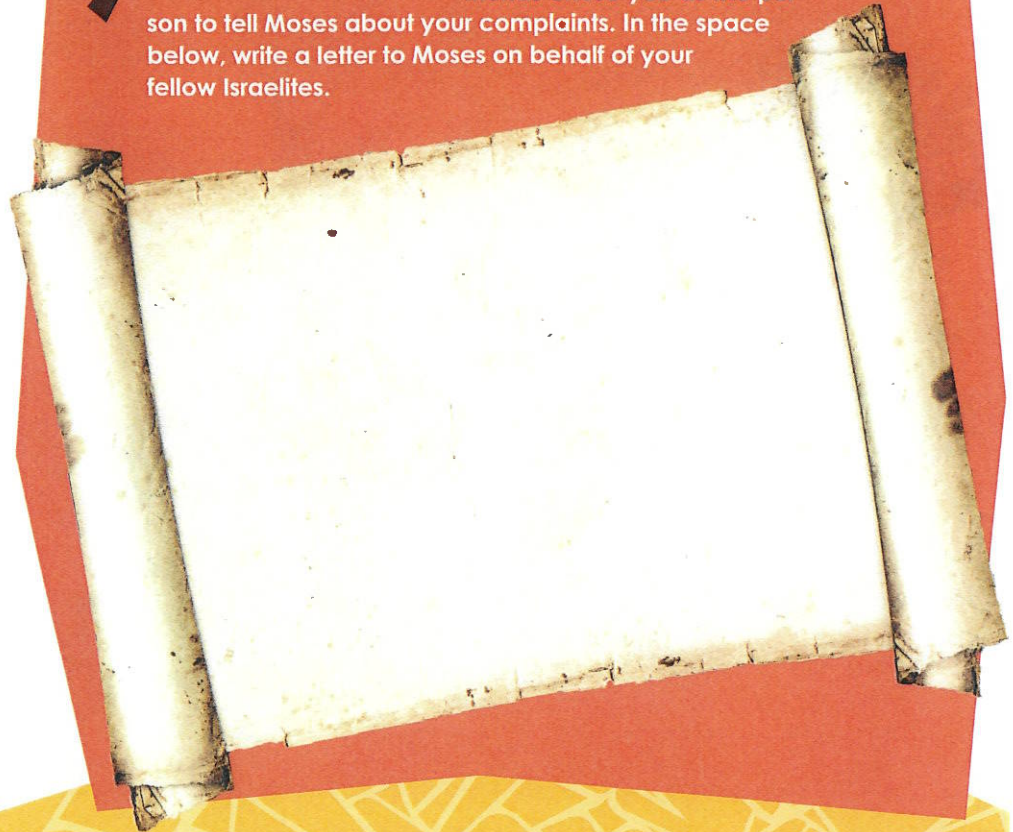
Look at the definitions of words from today's story and use your Spark Bible to find the words that fit the definitions. Write a letter in each blank space.

- Brother of Moses _____
- Flaky food that appeared in the desert _____
- People Moses led in the wilderness _____
- The time of day the Lord gave them meat _____
- Type of bird that Israelites ate _____
- Campground that had no water _____
- Where the water came from _____

Dear Moses...

Pretend you are one of the Israelites and have been following Moses through the wilderness for most of your life. You are hungry, tired, and grumpy. Your friends chose you as the person

to tell Moses about your complaints. In the space below, write a letter to Moses on behalf of your fellow Israelites.



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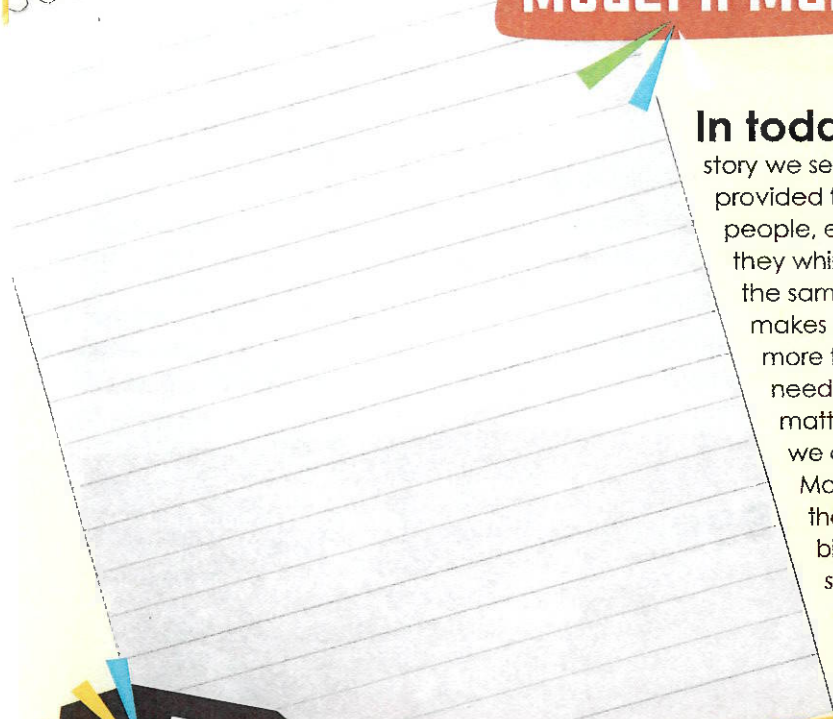
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Modern Manna



In today's Bible story we see how God provided for God's people, even though they whined a lot. In the same way, God makes sure we have more than what we need everyday, no matter how much we complain. Make a list of the ways—both big and small—that God provides for you each day.

Faith on the Go!

The food in your grocery store comes from all over the world. This week at home, read the labels on the food in your kitchen. Make a list of the different states, provinces, and countries your food comes from. Thank God for all the people who grow and prepare the food that we eat.



Memory Verse

Then the LORD said to Moses, "I am going to rain bread from heaven for you." Exodus 16:4a



Exodus Pairs

Discover the following pairs of words from the Bible story.

M _ _ _ _ and Q _ _ _ _

W _ _ _ _ from the R _ _ _ _

M _ _ _ _ and A _ _ _ _

I _ _ _ _ _ _ _ _ left E _ _ _ _

E _ _ _ _ and S _ _ _ _

M _ _ _ _ and M _ _ _ _

Exodus Pairs Solution

Discover the following pairs of words from the Bible story.

Manna and Quail

Water from the Rock

Moses and Aaron

Israelites left Egypt

Eliam and Sinai

Massah and Meribah